

Ultra Base Abdominal Crunch

G7-S51B | G7-S51BH

- Curved back pads for full muscular contraction and comfort
- Self-aligning handles adjust to accommodate a variety of users
- Dual-supported pivoting design fosters natural abdominal crunch motion
- Elbow pad wear covers improve upholstery performance in high contact areas



ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	7-position seat
MACHINE-ASSISTED USER ADJUSTMENTS	Gas-assisted seat

FRAME & CABLES	
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
CABLE TRANSMISSION	Internally lubricated cables and fittings
MACHINE ANCHORING	Independent machine hold down brackets
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
MAX USER WEIGHT	136 kg / 300 lbs.
MAX TRAINING WEIGHT (G7-S51BH)	108 kg / 240 lbs.
MAX TRAINING WEIGHT (G7-S51B)	72 kg / 160 lbs.
PRODUCT WEIGHT (G7-S51BH)	283 kg / 624.5 lbs.
PRODUCT WEIGHT (G7-S51B)	247 kg / 544.5 lbs.
OVERALL "IN-USE" DIMENSIONS	139 x 121 x 147 cm / 54.6" x 47.5" x 57.9"
OVERALL "STATIC" DIMENSIONS	139 x 121 x 147 cm / 54.6" x 47.5" x 57.9"

USER AMENITIES	
REP COUNTER	No
CONTOURED SEAT	Yes
ELBOW WEAR COVERS	Yes
ACTION SPECIFIC GRIPS	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
PLACARD COLOR CODING	Green (core)
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification

WEIGHT STACK	
INCREMENTAL WEIGHT SYSTEM	No
WEIGHT STACK GUARDING	Full front and rear shields
STACK HEIGHT	135 cm / 53"
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
TOTAL STACK WEIGHT (G7-S51BH)	108 kg / 240 lbs.
TOTAL STACK WEIGHT (G7-S51B)	72 kg / 160 lbs.