

Ultra Base Hip Adductor

G7-S74B | G7-S74BH



- Ergonomic adjustment handle enables simple changes in start position
- Foot pegs and contoured knee pads provide user stabilization and support
- Adjustable reclining position offers customised lumbar comfort
- Integrated foot platform allows easy exit and entry

ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	7 knee pad start positions, 3 back pad angle positions

FRAME & CABLES	
MACHINE ANCHORING	Independent machine hold down brackets
CABLE TRANSMISSION	Internally lubricated cables and fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium

TECH SPECS	
MAX USER WEIGHT	136 kg / 300 lbs.
MAX TRAINING WEIGHT (G7-S74B)	68 kg / 150 lbs.
PRODUCT WEIGHT (G7-S74BH)	263 kg / 581.5 lbs.
MAX TRAINING WEIGHT (G7-S74BH)	90 kg / 200 lbs.
PRODUCT WEIGHT (G7-S74B)	241 kg / 531.5 lbs.
OVERALL "IN-USE" DIMENSIONS	182 x 173 x 135 cm / 71.6" x 67.8" x 53"
OVERALL "STATIC" DIMENSIONS	182 x 173 x 135 cm / 71.6" x 67.8" x 53"

USER AMENITIES	
PLACARD COLOR CODING	Blue (lower body)
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
CONTOURED SEAT	Yes
REP COUNTER	No
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification

WEIGHT STACK	
WEIGHT STACK GUARDING	Full front and rear shields
STACK HEIGHT	135 cm / 53"
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
TOTAL STACK WEIGHT (G7-S74BH)	90 kg / 200 lbs.
TOTAL STACK WEIGHT (G7-S74B)	68 kg / 150 lbs.
INCREMENTAL WEIGHT SYSTEM	No