

Magnum MEGA Half Rack

MG-MR690



- Open-front design gives users freedom of movement
- As shown with adjustable safety bars, dual-grip chin bar, bar storage, band storage and weight storage
- J-hooks made of high-density polyethylene (HDPE) to protect bar knurling from scratches
- Visual height indicator and colored locking pin make bar-level changes quick and easy
- 3 retractable lower band pegs on each side (6 total)

Frame	
Frame Construction	10.2 x 10.2 cm / 4" x 4" uprights are made of 7-gauge, laser-cut steel tubing
Frame Construction	Main frame is made of 10.2 x 7.6 cm / 4" x 3" steel tubing
Integrated Frame Components	2 sets of chin bars: 1 set of 3.2 cm / 1.25"; 1 set of 5.1 cm / 2" Fat Bar (both have neutral and pronated positions)
Integrated Frame Components	1 set of band hooks standard
Integrated Frame Components	2 additional chain-storage horns

Storage	
Weight	10 weight-storage horns capable of holding both Bumper and Olympic plates
Bar	1 bar-storage tube

Tech Specs	
8' Overall Dimensions (L x W x H)	170.5 x 207 x 246.5 cm / 67" x 81.5" x 97"
9' Overall Dimensions (L x W x H)	171 x 207 x 277 cm / 67.5" x 81.5" 109"
8' Product Weight	259 kg / 570 lbs
9' Product Weight	282.1 kg / 622 lbs
Max. User Weight	181.5 kg / 400 lbs.
Max. Training Weight	408.5 kg / 900 lbs.