

Ultra Base Diverging Seated Row

G7-S34B | G7-S34BH

- Independent diverging movement provides a natural path of motion
- Dual-position foot placement provide greater user comfort
- Adjustable chest pad accommodates a variety of users



ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
MACHINE-ASSISTED USER ADJUSTMENTS	Gas-assisted seat
USER ADJUSTMENT RANGE	7-position thigh pad, 7-position seat

FRAME & CABLES	
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
MACHINE ANCHORING	Independent machine hold down brackets
CABLE TRANSMISSION	Internally lubricated cables and fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium

TECH SPECS	
MAX USER WEIGHT	136 kg / 300 lbs.
MAX TRAINING WEIGHT (G7-S34B)	72 kg / 160 lbs.
MAX TRAINING WEIGHT (G7-S34BH)	108 kg / 240 lbs.
PRODUCT WEIGHT (G7-S34BH)	343 kg / 757 lbs.
PRODUCT WEIGHT (G7-S34B)	307 kg / 677 lbs.
OVERALL "IN-USE" DIMENSIONS	152 x 161 x 195 cm / 59.6" x 63.1" x 76.7"
OVERALL "STATIC" DIMENSIONS	152 x 161 x 195 cm / 59.6" x 63.1" x 76.7"

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification
CONTOURED SEAT	Yes
FOOT PLATFORM	Yes
ACTION SPECIFIC GRIPS	No
REP COUNTER	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
PLACARD COLOR CODING	Yellow (upper body)
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching

WEIGHT STACK	
TOTAL STACK WEIGHT (G7-S34BH)	108 kg / 240 lbs.
INCREMENTAL WEIGHT SYSTEM	No
STACK HEIGHT	135 cm / 53"
WEIGHT STACK GUARDING	Full front and rear shields
TOTAL STACK WEIGHT (G7-S34B)	72 kg / 160 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.