

Ultra Base Converging Shoulder Press

G7-S23B | G7-S23BH

- Independent converging movement provides a natural path of motion
- Dual-position hand grips allow for greater training variety
- Counterbalanced pressing arms provide reduced starting resistance
- Reclining seat position allows for better posture and back support



ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
MACHINE-ASSISTED USER ADJUSTMENTS	Gas-assisted seat
USER ADJUSTMENT RANGE	7-position seat

FRAME & CABLES	
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
MACHINE ANCHORING	Independent machine hold down brackets
CABLE TRANSMISSION	Internally lubricated cables and fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium

TECH SPECS	
MAX TRAINING WEIGHT (G7-S23BH)	90 kg / 200 lbs.
MAX USER WEIGHT	136 kg / 300 lbs.
OVERALL "STATIC" DIMENSIONS	168 x 146.5 x 135 cm / 66.1" x 57.6" x 53"
PRODUCT WEIGHT (G7-S23B)	241 kg / 531.5 lbs.
MAX TRAINING WEIGHT (G7-S23B)	54 kg / 120 lbs.
PRODUCT WEIGHT (G7-S23BH)	277 kg / 611.5 lbs.
OVERALL "IN-USE" DIMENSIONS	168 x 146.5 x 174 cm / 66.1" x 57.6" x 68.4"

USER AMENITIES	
CONTOURED SEAT	Yes
ACTION SPECIFIC GRIPS	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
REP COUNTER	No
PLACARD COLOR CODING	Yellow (upper body)
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification

WEIGHT STACK	
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
WEIGHT STACK GUARDING	Full front and rear shields
INCREMENTAL WEIGHT SYSTEM	No
TOTAL STACK WEIGHT (G7-S23B)	54 kg / 120 lbs.
STACK HEIGHT	135 cm / 53"
TOTAL STACK WEIGHT (G7-S23BH)	90 kg / 200 lbs.