

Ultra Base Lateral Raise

G7-S21B | G7-S21BH

- Oversized arm pads enhance comfort and accommodate a variety of users
- Rotating handles provide natural motion



ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
MACHINE-ASSISTED USER ADJUSTMENTS	Gas-assisted seat
USER ADJUSTMENT RANGE	7 user start options

FRAME & CABLES	
MACHINE ANCHORING	Independent machine hold down brackets
CABLE TRANSMISSION	Internally lubricated cables and fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler

TECH SPECS	
MAX TRAINING WEIGHT (G7-S21BH)	90 kg / 200 lbs.
MAX USER WEIGHT	136 kg / 300 lbs.
MAX TRAINING WEIGHT (G7-S21B)	54 kg / 120 lbs.
PRODUCT WEIGHT (G7-S21BH)	273 kg / 602.5 lbs.
OVERALL "IN-USE" DIMENSIONS	105.5 x 150 x 135 cm / 41.5" x 59" x 53"
PRODUCT WEIGHT (G7-S21B)	237 kg / 522.5 lbs.
OVERALL "STATIC" DIMENSIONS	105.5 x 132 x 135 cm / 41.5" x 52" x 53"

USER AMENITIES	
FOOT PLATFORM	Yes
CONTOURED SEAT	Yes
ACTION SPECIFIC GRIPS	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
REP COUNTER	No
PLACARD COLOR CODING	Yellow (upper body)
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification

WEIGHT STACK	
STACK HEIGHT	135 cm / 53"
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
TOTAL STACK WEIGHT (G7-S21B)	54 kg / 120 lbs.
TOTAL STACK WEIGHT (G7-S21BH)	90 kg / 200 lbs.
WEIGHT STACK GUARDING	Full front and rear shields
INCREMENTAL WEIGHT SYSTEM	No