



Experience a better ride by design with the unmatched ergonomics of the industry's most stable, comfortable and versatile step-through bike. Our U30 Upright Bike includes our exclusive Dual Form Frame and Comfort Arc Seat.



Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.

Apps available on touchscreen consoles subject to change. Console availability may vary by market.

CONSOLE	
DISPLAY	8.5" extra-wide blue LCD (22 cm)
WIFI ENABLED	No
BLUETOOTH ENABLED	Connect to popular training and coaching apps, connect wireless heart rate monitor
HDMI PORT	No
USB PORT	Internal USB port for software updates
SPEAKERS	No
CONSOLE APPS	No
PASSPORT READY	No
VIEWFIT CONNECTIVITY	No
HEART RATE	Bluetooth wireless heart rate
CONSOLE EXTRAS	Integrated reading rack, energy saver mode
WORKOUTS	5 total — manual, intervals, fat burn, target heart rate, Sprint 8
DISPLAY FEEDBACK	Time elapsed, time remaining, miles / kilometers, RPM, pace, heart rate, calories, METS, speed, resistance
ASSEMBLED WEIGHT	3.5 kg / 8 lbs.

FRAME	
SEAT TYPE	Comfort Arc upright seat, interchangeable
SEAT ADJUSTMENT	Up / down via turn-and-pull knob
RESISTANCE SYSTEM	ECB magnetic braking system
RESISTANCE RANGE	20 levels, electronically adjustable
POWER REQUIREMENTS	120 V AC power, 15 A circuit (voltage may vary outside the USA)
PEDAL SPACING	194 mm / 7.6"
PEDAL TYPE	Commercial grade, self-balancing pedals with adjustable straps
MAX USER WEIGHT	159 kg / 350 lbs.
HANDLEBAR DESIGN	Adjustable multi-grip handlebars with resistance toggles and heart rate grips, interchangeable
FRAME TYPE	Dual Form step-through upright
ASSEMBLED DIMENSIONS	122 x 62.5 x 143 cm / 48" x 24.6" x 56.3"
ASSEMBLED WEIGHT	55 kg / 121 lbs.
EXTRAS	Water bottle holder
FLYWHEEL WEIGHT	10.5 kg / 23 lbs.

TECH SPECS	
USER HEIGHT RANGE	150-193 cm / 4'11"-6'4"