MATRIX



A30

Count on our exclusive Suspension Elliptical Technology and PerfectStride Motion for an exceptionally smooth, ultra-comfortable exercise experience as you adjust incline to target the muscles you want to work most.



Our XER console includes a clear 10" touchscreen display and an intuitive home screen that offers easy access to entertainment. WiFi and Bluetooth available.

Apps available on touchscreen consoles subject to change. Console availability may vary by market.

DISPLAY TYPE 10" class capacitive touchscreen (26 cm) WiFI ENABLED ViewFit Connectivity, entertainment apps, software updates BLUETOOTH ENABLED Connect to popular training and coaching apps, Bluetooth headphones, Bluetooth heart rate monitor No USB PORT Front: Use to access media from compatible devices and to install software updates. SPEAKERS 3 Watt CONSOLE APPS My Media, HDMI, Netflix, Hulu, Spotify, YouTube, Facebook, Twitter, Instagram, MyFitnessPal, Weather, Web Browser, Flipbook, Press Reader, Solitaire Suite, WeChat, YouKu, Weibo, Iqiyi, NetEase (other apps vary by market) PASSPORT READY No VIEWFIT CONNECTIVITY Yes Bluetooth wireless heart rate, Bluetooth heart rate strap included CONSOLE EXTRAS Integrated reading rack, energy saver mode, audio in/out WORKOUTS 12 total — manual, intervals, constant watts, time goal, distance goal, calorie goal, target heart rate, Sprint 8, Virtual Active American Northeast, Virtual Active Northern Rockies, custom		
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	WORKOUTS	goal, distance goal, calorie goal, target heart rate, Sprint 8, Virtual Active American Northeast, Virtual

DISPLAY FEEDBACK	Time elapsed, time goal, time remaining, clock, miles / kilometers, RPM, current speed (MPH/KPH), pace, average pace, heart rate, peak heart rate, calories, calories per hour, METS, incline, previous incline, resistance, previous resistance
ASSEMBLED WEIGHT	4.5 kg / 10 lbs.
FRAME	
STEP-ON HEIGHT	22 cm / 8.7"
STRIDE LENGTH	51–61 cm / 20"–24"
RESISTANCE SYSTEM	ECB magnetic braking system
RESISTANCE RANGE	20 levels, electronically adjustable
POWER REQUIREMENTS	120 V AC power, 15 A circuit (voltage may vary outside the USA)
PEDAL TYPE	Oversized
POWER INCLINE	24%–54%
PEDAL SPACING	6.5 cm / 2.6"
MAX USER WEIGHT	159 kg / 350 lbs.
INCLINE RANGE	24%–54%
HANDLEBAR DESIGN	Dual action, stationary with resistance / incline toggles and heart rate grips
FRAME TYPE	Ascent Trainer
FLYWHEEL WEIGHT	13.5 kg / 30 lbs.
EXTRAS	Water bottle holder, accessory tray
ASSEMBLED WEIGHT	142 kg / 313 lbs.
ASSEMBLED DIMENSIONS	191 x 73 x 164 cm / 75.2" x 29" x 65"