

## Aura Abdominal Crunch

G3-S51

- Dual axis of rotation enhances user feel for a natural crunch movement muscle contraction
- Seat and handle position designed for greater user stability



EASE OF USE	
ERGO FORM CUSHIONS	Yes
BOTTLE & TOWEL HOLDER	Yes
INSTRUCTIONAL PLACARDS	Yes
COLOR-CODED PIVOTS & ADJUSTS	Yes

FRAME & BELT	
BELT TRANSMISSION	38/41 cms
FRAME FINISH	Proprietary two-coat powder process
FRAME COLOR	Iced Silver
OVER-SIZED FRAME TUBING	Yes

TECH SPECS	
WEIGHT STACK	91 kg
TOTAL WEIGHT	184 kg
OVERALL DIMENSIONS (L X W X H)	142.8 x 112.2 x 150.5 cm / 56.2" x 44.2" x 59.3"
SHIPPING WEIGHT	227 kg

WEIGHT STACK	
GUARDS & PULLEYS COVERS	Yes
SUSPENSION	3-Point Design
SELF-LUBRICATING WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.
WEIGHT PINS	Magnetic & tethered
DECK STEP HEIGHT	Yes