

# MATRIX

## E30

Created to fit your home like no other, our compact suspension elliptical delivers a harmony of design and natural movement for the most comfortable, smoothest elliptical experience in the industry. Our E30 Elliptical includes our exclusive Suspension Elliptical Technology.



Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.

*Apps available on touchscreen consoles subject to change. Console availability may vary by market.*

CONSOLE	
DISPLAY	8.5" extra-wide blue LCD (22 cm)
WIFI ENABLED	No
BLUETOOTH ENABLED	Connect to popular training and coaching apps, connect wireless heart rate monitor
HDMI PORT	No
USB PORT	Internal USB port for software updates
SPEAKERS	No
CONSOLE APPS	No
PASSPORT READY	No
VIEWFIT CONNECTIVITY	No
HEART RATE	Bluetooth wireless heart rate
CONSOLE EXTRAS	Integrated reading rack, energy saver mode
WORKOUTS	5 total — manual, intervals, fat burn, target heart rate, Sprint 8
DISPLAY FEEDBACK	Time elapsed, time remaining, miles / kilometers, RPM, pace, heart rate, calories, METS, speed, resistance
ASSEMBLED WEIGHT	3.5 kg / 8 lbs.

FRAME	
STRIDE LENGTH	51 cm / 20"
RESISTANCE SYSTEM	ECB magnetic braking system
STEP-ON HEIGHT	23 cm / 9.1"
RESISTANCE RANGE	20 levels, electronically adjustable
POWER REQUIREMENTS	120 V AC power, 15 A circuit (voltage may vary outside the USA)
PEDAL TYPE	Oversized
POWER INCLINE	N/A
PEDAL SPACING	6.35 cm / 2.5"
MAX USER WEIGHT	147 kg / 325 lbs.
HANDLEBAR DESIGN	Dual action, stationary with resistance toggles and heart rate grips
FRAME TYPE	Suspension Elliptical Trainer
FLYWHEEL WEIGHT	10.5 kg / 23.1 lbs
EXTRAS	Water bottle holder, accessory tray
ASSEMBLED WEIGHT	126 kg / 278 lbs.
ASSEMBLED DIMENSIONS	148 x 73 x 166 cm / 58" x 29" x 65" (Active footprint: 175 x 73 x 172 cm / 68.9" x 29" x 68")