

## Ultra Hip Adductor

G7-S74-AS1861

The smart, comfortable design of the Ultra Hip Adductor builds strength in the inner thigh with efficient movements. An ergonomically sculpted adjustment handle makes it quick and easy to change the start position, while an adjustable reclining position offers lumbar support ideal for each user's unique body. Foot pegs and contoured knee pads provide excellent stability and support, and an integrated foot platform makes it easy to enter and exit.

Also available in [Ultra Base option G7-S74B](#).



ADJUSTMENTS	
USER ADJUSTMENT RANGE	3 Back pad angle positions
USER ADJUSTMENT RANGE	7 Knee pad start positions
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	Independent machine hold down brackets
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
OVERALL "STATIC" DIMENSIONS (L X W X H)	182 x 173 x 135 cm / 71.6" x 67.8" x 53"
OVERALL "IN-USE" DIMENSIONS (L X W X H)	182 x 173 x 135 cm / 71.6" x 67.8" x 53"
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
PRODUCT WEIGHT	272 kg / 600 lbs

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
PLACARD COLOR CODING	Blue (lower body)
REP COUNTER	Electronic counter displays reps, exercise time and rest time
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
CONTOURED SEAT	Yes

WEIGHT STACK	
TOTAL STACK WEIGHT	90 kg / 200 lbs
MAX TRAINING WEIGHT	93.4 kg / 207.5 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
CONSISTENT 53" STACK HEIGHT	Yes
WEIGHT STACK GUARDING	Full front and rear shields