



| Versa MD Leg Extension Leg Curl

MD-S711

The Versa MD Leg Extension / Leg curl features a low starting weight and incremental weight changes, helping injured or deconditioned clients get started and progress quickly. Range-of-motion limiter restricts the stroke for isometric contractions and protects clients from overextending.

| ADJUSTMENTS | |
|---|--|
| ANKLE PAD ADJUSTMENT | Yes, 4 positions |
| SEAT PIVOT ADJUSTMENT | Yes, 2 positions to align knees with pivot when performing different exercises |
| THIGH PAD ADJUSTMENT | Yes, gas assisted, 9 positions |
| USER ADJUSTMENT RANGE | 12 user starting positions |
| COLOR CODED PIVOTS & POINTS OF ADJUSTMENT | Yes |
| RANGE LIMITER | Yes |
| SWING ARM ADJUSTMENT | Yes, pivots thigh pad away from user |
| BACK PAD HORIZONTAL ADJUSTMENT | Yes, gas assisted, 7 positions |
| BACK PAD RECLINE ADJUSTMENT | Yes, gas assisted, 4 positions (10°, 20°, 30° and 45°) |

| FRAME & CABLES | |
|----------------------------|--|
| FRAME COLOR | Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium |
| FRAME FINISH | Proprietary two-coat powder process |
| MACHINE ANCHORING | 3 |
| CABLE TRANSMISSION | Internally lubricated cables & fittings |
| AVAILABLE UPHOLSTERY COLOR | Black, American Beauty Red |

| TECH SPECS | |
|--------------------------------|---|
| OVERALL DIMENSIONS (L X W X H) | 165.4 x 125.4 x 162.5 cm / 65.2" x 49.4 x 64" |
| MAX USER WEIGHT | 159 kg / 350 lbs |
| PRODUCT WEIGHT | 340 kg / 750 lbs |

| USER AMENITIES | |
|----------------------|--|
| FRONT PLACARDS | Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements |
| REAR PLACARDS | Color-coded machine identification & machine specific stretching |
| CONTOURED SEAT | Yes |
| PERSONAL STORAGE | Storage Area |
| PLACARD COLOR CODING | Blue (lower body) |

| WEIGHT STACK | |
|---------------------------|---------------------------------------|
| WEIGHT STACK GUARDING | Full front and rear shields |
| MAX TRAINING WEIGHT | 94.6 kg / 208 lbs |
| WEIGHT STACK | 91 kg / 200 lbs |
| INCREMENTAL WEIGHT SYSTEM | .9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs |