



G3-S40

- Optimized pivot location creates a biomechanically correct range of motion
- Angled hand grips ensure optimal wrist position
- Arm pad is angled for stability, and limits unwanted shoulder movement during exercise



EASE OF USE	
ERGO FORM CUSHIONS	Yes
BOTTLE & TOWEL HOLDER	Yes
INSTRUCTIONAL PLACARDS	Yes
COLOR-CODED PIVOTS & ADJUSTS	Colour

FRAME & BELT	
FRAME COLOR	Iced Silver
BELT TRANSMISSION	38/41 cms
FRAME FINISH	Proprietary two-coat powder process
OVER-SIZED INTERNAL FRAME TUBING	Yes

TECH SPECS	
WEIGHT STACK	91 kg
SHIPPING WEIGHT	245 kg
TOTAL WEIGHT	228 kg
OVERALL DIMENSIONS (L X W X H)	122.2 x 108.6 x 150.6 cm / 48.1" x 42.8" x 59.3"

WEIGHT STACK	
SELF-LUBRICATING WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.
SUSPENSION	3-Point Design
GUARDS & PULLEYS COVERS	Yes
WEIGHT PINS	Magnetic & tethered