

Lifestyle Upright Cycle

PREMIUM LED CONSOLE

U-LS-F

A great choice for low-volume facilities, our compact Lifestyle Upright Cycle gives the people you serve comfortable, low-impact cardio. It features an Ergo Fom seat, dual-position handlebars, adjustable seat height, step-through design, self-balancing pedals and a three-piece crank with forged arms. Self-powered options offer easy placement in your facility.



Give members the intuitive navigation of an LED with a more engaging look. An 8,000-pixel display fills the screen with color and sharp graphics, providing clear, easy-to-read feedback in large numbers and letters.

| CONSOLE | |
|---|---|
| DISPLAY | 8,000-pixel multi-color LED |
| WORKOUTS | Go, manual, Sprint 8†, Landmarks†, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, 5k/10k, fitness tests |
| IFIT ON-DEMAND WORKOUTS | No |
| LANGUAGES | English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish |
| FAN | Yes |
| IPTV | No |
| WIFI | Yes |
| ANT+ | No |
| RFID WIRELESS LOGIN | Optional |
| CONNECTS TO APPLE WATCH | Optional |
| MADE FOR IPHONE, IPAD, IPOD | No |
| CONNECTS TO SAMSUNG GALAXY WATCH | No |
| USB PORT | Yes; device charging, software updates |
| WIRELESS CHARGING (QI) | No |
| CSAFE READY | Yes |
| AUTO WAKE-UP | No |
| †Some of these programs may not be available on this frame. | |

| FRAME | |
|-------------------------|--|
| ASSEMBLED WEIGHT | 70 kg / 154.3 lbs. |
| SHIPPING WEIGHT | 82 kg / 180.8 lbs. |
| ASSEMBLED DIMENSIONS | 129.4 x 61.7 x 147.4 cm / 50.9" x 24.3" x 58" |
| CONTACT & TELEMETRIC HR | Yes |
| MAXIMUM USER WEIGHT | 182 kg / 400 lbs. |
| HANDLEBAR DESIGN | Dual-position |
| ETHERNET CONNECTIVITY | Yes |
| CRANK DESIGN | Three piece with forged arms and integrated puller |
| MINIMUM RPM | 10 RPM powered or 25 RPM self-powered |
| POWER REQUIREMENTS | Self-powered or 100–240 V — 50/60 Hz AC |
| PEDAL SPACING | 20.2 cm / 8" |
| MINIMUM WATTS | 2 W powered or 13 W self-powered |
| RESISTANCE SYSTEM | Brushless generator |
| SEAT ADJUSTMENT | Turn-and-pull knob |
| REAR-LIFT HANDLE | No |
| SEAT MATERIAL | Sewn vinyl over foam |
| TOP-DOWN LEVELERS | No |
| RESISTANCE RANGE | 2–750 W |
| RESISTANCE LEVELS | 30 |